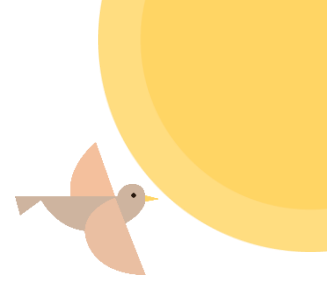




2022 ANNUAL BENEFITS RE-ENROLMENT MARCH 7 THROUGH MARCH 18, 2022



You're receiving this communication as you are currently insured under the TimCare Flex plan. During the upcoming re-enrolment period which will be held from March 7 through March 18, 2022, you'll have the opportunity to review your benefits coverage and make any necessary changes for the new plan year that begins April 1, 2022.

The TimCare plan has a renewal date of April 1st of each year. This means that increases or decreases in premiums will be effective at that time. There are no changes to the plan options for the April 1, 2022 – March 31, 2023 period.

How to get started?

Go to **MyTimCare.com** and then under **Enrol/Annual Re-enrolment** and follow the instructions to log in. Once you're logged in, we encourage you to review your benefits from last year to ensure that they're still appropriate for the coming year, given your personal situation. While assessing your benefit options, also consider the new payroll deduction amounts associated with your coverage, effective April 1, 2022. Everything can be found online. Take a moment to review your personal information and beneficiary designations and make any necessary update. Note that certain requirements may apply, such as the need to submit proof of insurability to increase your life insurance coverage. You can find more information about these requirements on **MyTimCare.com**.

What Is (and Isn't) Changing?

Team members will use the "Forgot password" function on the GroupNet for Plan Members website to select their new password. For those team members that do not have an email on file, they will need to call Canada Life at 1-855-597-7625 in order to have their password reset in order to re-enrol.

The different coverages and options that are offered during the current plan year will remain unchanged for the next new year.

Please note that some health care and dental care rates have changed, based on the actual usage of each plan design option. You'll see the new rates when logging in to the enrolment site.

What to Do Now!

- ✓ Please review carefully your benefit options to ensure you will get appropriate coverage for the coming year, given your personal situation.
- ✓ While assessing your benefit options, also consider the new payroll deductions associated with your coverage, effective April 1, 2022. New rates will apply and you'll see them when logging in to the enrolment site.
- ✓ Take a moment to review your personal information and beneficiary designations and make any update.

What If You Don't Take Action?

If you don't act during the re-enrolment period, your coverage will remain the same and new 2022 premiums will apply effective April 1, 2022.

Quick Reminder

- ✓ Don't forget that medical and dental claims must be submitted to Canada Life within 15 months from the date services or supplies were provided.
- ✓ To obtain a quicker reimbursement of your claims, use Canada Life electronic services. To find out more, visit your GroupNet for Plan Members website for all information on electronic services available and how to proceed with your claim reimbursements, either online, through a mobile app or paper.
- ✓ Note that Canada Life no longer issues plastic drug cards. Visit your GroupNet for Plan Members website to print your electronic ID card or use the GroupNet Mobile app!



Questions?

If you have questions, or need help during the re-enrolment period, please contact **Canada Life** at **1-855-597-7625** or email TimCare@canadalife.com.