



2020 ANNUAL BENEFITS RE-ENROLMENT FOR TEAM MEMBERS

MARCH 2nd THROUGH MARCH 20, 2020

You're receiving this communication, along with the enclosed password, because you're currently enrolled in the TimCare Flex benefits program. As a result, during the upcoming re-enrolment period — March 2nd through March 20, 2020 — you'll have the opportunity to review your benefits coverage and make any necessary changes for the new plan year that begins April 1, 2020.

To get started, go to **MyTimCare.com** under the **Enrol/Annual Re-enrolment** and follow the instructions to log in. Once you're logged in, you'll be able to increase or decrease your coverage to better meet your needs. Note that certain requirements may apply, such as the need to submit proof of insurability to increase your life insurance coverage. You can find more information about these requirements on **MyTimCare.com**.

We encourage you to review your benefits from last year to ensure they're still appropriate for the coming year, given your personal situation. While assessing your benefit options, also consider the new payroll deduction amounts associated with your coverage, effective April 1, 2020. Everything can be found online. Take a moment to review your personal information and beneficiary designations and make any necessary update. New rates will apply and you'll see them logging in to the enrolment site.

What Is (and Isn't) Changing

The different coverages and options that are offered during the current plan year will remain unchanged for the next new year. Please note that some health care and dental care rates have changed, based on the actual usage of each plan design option and pricing region. You'll see the new rates when logging in to the enrolment site.

Quick Reminder

Don't forget that medical and dental claims must be submitted to Great-West Life* within 15 months from the date services or supplies were provided.

(* As of January 1, 2020, The Great-West Life Assurance Company became The Canada Life Assurance Company. It will take time to update the websites, material and forms so until they're done, all references to Great-West Life are understood as referring to The Canada Life Assurance Company.

What If You Don't Take Action?

If you don't act during the re-enrolment period, your current coverage will continue, and new 2020 premiums will apply.



Questions?

If you have questions, or need help during the re-enrolment period, please contact **Canada Life** at **1-855-597-7625** or email TimCare@canadalife.com